

Lions District 2-S2



JANUARY 2006

	CALENDER OF EVENTS	2005-2006 OFFICERS
4	PSC MEETING - RYAN'S STEAKHOUSE 34th and 290 Hwy.	C.W. "Buzz" Goins [Ellen] District Governor 12835 Westhorpe Dr.
21	MID-WINTER CONFERENCE Cy-Fair Community College	Houston, Texas 77077-3707
ā		Margaret Badeaux
1	Conroe Convention Center	Vice District Governor 6819 Oakwood Grove Houston, Texas 77040-4403
2	3rd Council of Governors meeting Kerrville, TX	PDG Ronald Landers Treasurer
4	Third Disctrict Cabinet meeting	2015 Crestdale Houston, Texas 77080-5303
25	Womens Symposium	Ann Maxwell
	District Convention	Secretary 1304 McDugald Rd. Humble, Texas 77338-8038
	21 1 2	 PSC MEETING - RYAN'S STEAKHOUSE 34th and 290 Hwy. MID-WINTER CONFERENCE Cy-Fair Community College Bob Dowden Dinner Conroe Convention Center 3rd Council of Governors meeting Kerrville, TX Third Disctrict Cabinet meeting Womens Symposium

Next PSC Meeting - JANUARY 4, 2006 Ryan's Steakhouse 5601 W. 34th Street Dinner 6:30 P.M. Meeting 7:00 P.M.

Lions District 2-S2 Lion Terry Landers Editor 2015 Crestdale Dr. Houston, TX 77080-5303 tlanders@houston.rr.com

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Alief Lions Club



Home of District Governor C.W. "Buzz" Goins

The Pledge of Allegiance

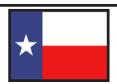
I pledge allegiance to the flag of the

United States of America, and to the Republic for which it stands. One nation under God, indivisible, with liberty and justice for all.

Houston Spring Branch Lions Club



Home of Vice District Governor Margaret Badeaux



"Honor the Texas flag; I pledge allegiance to thee, Texas, one and indivisible."

(Face the Texas flag and stand at attention with the person's right hand over the heart.)

THIS MONTHS REPORTED AMOUNT OF HOURS WE GAVE TO LIONISM

7150

WE HAVE 64 LIONS CLUBS WITH CLOSE TO 2000 MEMBERS HOW MANY HOURS DO YOU GIVE? WHERE LIONS MEET
BE PRESENT LORD.
TO WELD OUR HEARTS IN
ONE ACCORD.
TO DO THY WILL, LORD MAKE US
STRONG.
TO AID THE WEAK AND RIGHT THE
WRONG.



2082

TOTAL USED EYEGLASSES
TURNED IN



FOCUS ON SIGHT **75**

TOTAL NEW EYEGLASSES DONATED TOWARDS THE NEEDY

Your District Governor and Newsletter Editor thank the following advertisers for their show of support and appreciation of the Newsletter by paying \$100 per Ad panel per year. Unsold panels may be purchased for \$25 per-month. Full-page ads for club fund-raising projects cost \$50 per page per month. Full-page ads for district projects are, of course printed without charge. Club resolutions for district candidates are printed at no charge. Subsricptions are \$30 for the year. Send check made payable to "District 2-S2" to

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District Governor C.W. "Buzz" Goins

'T was a few days before Christmas, and all thru the land only the sound of cash registers and bitter acrimony could be heard. Happy Holidays, Seasons Greetings, and Top of the Season to You seem to be the words most heard (and seen), and these were all found to be lacking. Christ is being removed from Christmas: foul, oh most foul

deed – how dare they? To the courts, boycott the offenders, flog someone, do something, Christianity is being attacked and destroyed. The government should immediately pass laws to protect this great American institution and our way of life.

America is a country that is forbidden by the constitution to "promote or establish" any form of religion. At one time Christianity was the choice of the vast majority of our citizens, and that is no longer the way it is. One might long for the good old days, but they are not coming back. No longer are the many minority religions feeling the need to be "bent" and included into something they are not "comfortable with in concept or practice. We might be a "Christian Country", but not **all** the citizens, et al, are not Christian or any of its new founded iterations. And whose fault is this? I'm sure that the fanatical ranting of a few self appointed Christian leaders and demagogues make Christianity appear to be a really desirable group with which to be associated. Threatening merchants and other institutions surely will question the Christianity concept being the "safe haven" for humanity that we profess it to be. It's working so well for a few radical groups at this moment in history.

As a Christian, I was taught be judged by my deeds, not to wear my religion on my sleeve and to treat all mankind with respect. Included in these instructions was the tacit understanding that I will find great favor with my God by serving the least among His creations. I firmly believe it is a prime directive from my creator to hear the cry of affliction and provide help to those who for whatever reason need "a hand". We Serve is our motto, and that, I believe, is the Lions prime directive. Did you ever think that maybe the reason you joined the Lions might be because this was the only place you could find the "prime directive" to meet your moral requirements.

This is the time of year that we Christians revisit and reflect on our beginning – not everyone else's beginning, just ours. Let's get our house in order before curing all of mankind's social problems. In our heart, we know what to do and how to do it. Does everyone have to tell us it's Christmas, does it have to be shouted from the highest hill or proclaimed in every shop window? In our current society, it makes more sense to make a conscious decision to remove Christ from the commercial side of our life. Do we really think that spending vast sums of money for gifts makes us more favorable in the sight of God? I remember reading somewhere about a young man casting the money changers from the Temple, and he was going about "his father's business". The money changers are gone from the Temple, but in recent years the commercial houses have made Christ an annual prisoner and a "shill for the house". Some where, political correctness wanted to free Christ, but some want to put Him back in the business of "fronting" for the all mighty dollar.

Not my Christ, I need no reminders that it is Christmas, and more importantly, I do not want to spend my time listening to the self aggrandizing who purport themselves as being servants of my God.

To all mankind of Good Will and regardless of your faith, I wish you all the blessings and good will of my faith – regardless of the season. This Christmas is my celebration, and I, as a servant, will serve.

Vice District Governor Margaret Badeaux



We are planning a dynamite Mid-Winter Lions Leadership Conference. We hope you are all planning to attend!

The Conference will be held on January 21st from 8:30 a.m. to 1:00 p.m. The location is Cy-Fair College, located off of US Hwy 290 on Barker-Cypress (south). We have a different format planned this year....a kind of a "relax and pamper ourselves" time after all of the hard work done during the disasters and after the hectic holiday season.

We will begin our morning with a continental breakfast from 8:30 to 9:00. Then we will hear "Doctor Feelgood" Morris Eickenhorst talk to us about those things that make life worth living. After that, we will break into two groups....one for new members who would like to know more about the great things Lions do, and one for the seasoned members who will find out how to find campers and how to sponsor campers, as well as a surprise or two. Each session will end with a Q&A/Townhall where we can share concerns, and discuss ideas for enhancing the future of Lions in our District.

We will then regather as one big group to listen to Carolyn "Cee Cee" Gordon's inspirational message guaranteed to put a smile on your face and a "puffed-up" feeling in your heart as we enjoy our lunch.

AND, the cost is only \$10.00. Please encourage your members to attend. Better yet, consider taking \$100 out of your Administrative Fund to finance the attendance by ten of your newest members. We promise not to let you down...it will be worth every penny!

In mid-December we will be mailing a flyer to every Lion in District 2-S2 containing complete information about the Conference with a sign-up form included. Any Lion can also go online to www.golions.us for complete information and a sign-up form with the opportunity to charge the \$10.00 fee to their credit card.

THANKS FOR YOUR HELP in promoting our Conference. We will look forward to receiving your registration.

AND, just a reminder, District Contests will be held immediately following our Conference and everyone is invited to attend.

MINUTES - PRESIDENT AND SECRETARIES MEETING

DECEMBER 7, 2005

THE MEETING WAS CALLED TO ORDER AT 7:10. THE PRAYER WAS LED BY LION BOB OTTO. LION SHERRY METTLEN LED THE PLEDGE. WE FOLLOWED WITH THE SINGING "AMERICA THE BEAUTIFUL" LED BY LION ART DROUIN. OUR ATTENDANCE WAS LIGHT AS THE GALA FOR THE EYE BANK WAS BEING HELD ON THE SAME NIGHT AND MANY OF OUR MEMBERS WERE IN ATTENDANCE.

THE SECRETARIES REPORT FROM THE LAST MEETING WAS APPROVED. MOTION BY LION HANK LAUCHLEY, SECONDED BY LION ART DROUIN.

WE HAD NO CONTESTANTS FOR THE COMMITTEE CHAIR CONTEST THIS MONTH.

PSC PRESIDENT RICK REYNOLDS SPOKE ON HOW TO HANDLE INTERNAL PROBLEMS IN THE DISTRICT AMONG MEMBERS OF THE DISTRICT, FIRST ASK FOR HELP FROM MEMBERS OF THE DISTRICT AND DON'T BRING IT UP TO THE GENERAL LIONS FAMILY WERE IDEAS THAT WERE SUGGESTED.

THE TRAVELING GOVERNORS CUP IS AVAILABLE FOR THE SECOND YEAR, THE WINNING CLUB WILL BE DETERMINED BY THE PERCENTAGE OF MEMBERSHIP GROWTH IN THEIR CLUB BASED ON THE CLUB CATEGORY THEY ARE IN. THEY WILL HAVE THEIR CLUB NAME ENGRAVED ON THE CUP AND RECEIVE A GROWTH AWARD PATCH.

THE FOLLOWING FIGURES WERE REPORTED FROM THE NOV NEWSLETTER

CAT 1	HARDIN	18 TO 23	22%
CAT 2	KATY	23 TO 25	09%
CAT 3	TOMBALL	42 TO 44	05%
CAT 4	CONROE NOON	295 TO 330+	

OF APRIL 12, 2005 DISTRICT FIGURES: - 1914 MEMBERS LAST NO. - 1856

65 CLUBS 15 HAVE PLUS
16 CLUBS NO INCREASE
34 CLUBS LOST MEMBERS
11 CLUBS LOST 108 MEMBERS

LION ART DROUIN HAS A MEMBERSHIP PROGRAM - PRIDE NIGHT

THE BOB DOWDEN DINNER WAS DISCUSSED, WE NEED LARGE ITEM DONATIONS FOR THE AUCTION. THE DINNER WILL BE HELD ON FEB 1ST AT THE LONE STAR CONVENTION CENTER IN CONROE. CONROE NOON LIONS CLUB IS PROVIDING FUNDS FOR THE FACILITY RENTAL FEE. A NEED WAS EXPRESSED FOR A PRINTED RECIEPT TO BE GIVEN TO DONATORS.

LION BOB KUCHERA SPOKE ON THE NEWSLETTER CONTEST. LION BOB OTTO PRESENTED POINTS ON THE QUEST PROGRAM. LION TOMMY CAPERS SPOKE ON THE HALL OF FAME.

CLUBS WERE REMINDED TO PAY THEIR 100% TO THE CAMP.

IT WAS ANNOUNCED THE LIGHTHOUSE SHOPPING SPREE WAS A SUCCESS.

THE PARADE OF CHECKS WAS NEXT WITH CHECKS FROM HUMBLE LIONS CLUB AND SPRING OLD TOWN LIONS CLUB.

THE MEETING WAS THEN CLOSED WITH A ROAR.

Around 7he District



PLEASE SUMMIT COMPLETE
DETAILS ON YOUR
(CAR) CLUB ACTIVITY REPORT



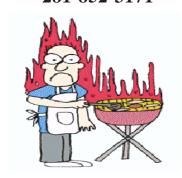
HUMBLE LIONS CLUB
HUMBLE NOON LIONS CLUB
HOUSTON ALDINE LIONS CLUB
HOUSTON EASTEND LIONS CLUB
SPRING HOUSTON LIONS CLUB
KLEIN LIONS CLUB
HUFFMAN LIONS CLUB

Magnificent 7 Bike Ride



HUMBLE NOON LIONS CLUB

ANNUAL GOLF TOURNAMENT TOUR 18 MARCH 27, 2006 8:00AM 281-852-3171



HOUSTON SPRING BRANCH LIONS CLUB

> CHICKEN BAR-B-QUE APRIL 14, 2006







Here's where you let other Lions Clubs know of you upcoming Events. Nothing like a free advertisment to bring in some extra money or to have Other Lions Club memebers see in your Club in action.

We will also use this area to Send information to Local TV and Radio and Newspapers.. Even more reason to fill out the CAR form and give as many details to Your UP COMING events..

REPORTS AS OF DECEMBER 16, 2005 CLUB NAME	MEMBERS	LOSS/GAIN	TEXAS LIONS CAMP	100% CHARITIES	1st HALF DUES	2nd HALF DUES	CLUB CONTEST	PRE - TOTAL	THIS MONTH	NEW - TOTAL
ALIEF	14		X		X		1	0		
ALIEF NOON	25				X		2	0		
ANAHUAC	33		X	X	X		2	0		
BAY AREA	5						1	0		
BAYTOWN	69	-2	X	X	X		3	0		
BEAR CREEK AREA	9		X		X		2	0		
BELLAIRE	28		X	X	X		2	0		
BROOKSHIRE PATTISON	29		X		X		2	0		
CHANNELVIEW	11		X	X	X		1	0		
CLEVELAND	37		X		X		2	0		
COLDSPRING AREA					X		2	0		
CONROE EVENING	15	1			X		1	400	100	500
CONROE NOON	321	-9	X		X		4	10510	455	10965
CUT AND SHOOT FAMILY	46		X	X	X		3	5428	475	5903
DAYTON NOON	19		X	X	X		1	0		
DEER PARK	15		X	X	X		1	4175	310	4485
HARDIN	23		X	X	X		2	3998	295	4293
HEMPSTEAD	39		X		X		2	1975	475	2450
HOUSTON ALDINE	13		X	X	X		1	6995	1320	8315
HOUSTON BELTWAY	16	-1					1	0		
HOUSTON CHINESE AMERICAN	15						1	0		
HOUSTON COPPERFIELD	13	-10			X		2	0		
HOUSTON COUPLES	15				X		1	0		
HOUSTON CY-FAIR	23		X	X	X		2	5015	485	5500
HOUSTON CYPRESS	10		X	X	X		1	0		
HOUSTON DOWNTOWN	47		600	X	X		3	6347	547	6894
HOUSTON EAST END	22		2.5	X	X		2	3245	0	3245
HOUSTON FIL-AM	29	-2	X		X		3	0		
HOUSTON GREENSPOINT	11	1	X	X	X		1	0		
HOUSTON HEIGHTS	30		X	X	X		2	0		
HOUSTON HOBBY AIRPORT	23		X	X	X		2	2035	0	2035
HOUSTON KOREAN	12				X		1	0		
HOUSTON MEMORIAL	24		4.3		X		2	0		

STANDINGS

1st Place Category Membership 2nd Place 1 0-20 Houston Aldine **Houston Space City** 21-40 2 Houston Northwest Houston Cy-Fair 3 41 -80 Houston Downtown Huffman

4 81 and up* Must have 25,000 points minimum

Membership categories based on the July 1,2005 Club membership supplied by the Cabinet Secretary

* BASED ON LAST REPORT (PRIOR TO JUNE 2005)

REPORTS AS OF DECEMBER 16, 2005 CLUB NAME	MEMBERS	LOSS/GAIN	TEXAS LIONS CAMP	100% CHARITIES	1st HALF DUES	2nd HALF DUES		CLUB CONTEST PRE - TOTAL	THIS MONTH	CLUB CONTEST NEW - TOTAL
HOUSTON MILLENNIUM	30				X		2	0	0	0
HOUSTON NORTHWEST	29		X	X	X		2	3654	2145	5799
HOUSTON OAK FOREST	9		X	X	X		1	0		
HOUSTON SOUTHWEST	16		X	X	X		1	4775	275	5050
HOUSTON SPACE CITY	15	2	X	X	X		1	6036	1094	7130
HOUSTON SPORTS	23		X	X	X		2	3890	0	3890
HOUSTON SPRING BRANCH	41		X		X		2	3130	855	3985
HOUSTON VIETNAM	10						1	0		
HOUSTON WESTBURY	28	-1			X		2	1560	0	1560
HUFFMAN	63	1	X	X	X		3	6934	0	6934
HUMBLE	21		2	X	X		2	1280	0	1280
HUMBLE NOON	19		X	X	X		1	3880	410	4290
HUNTSVILLE	31				X		2	0		
KATY	24	-2	X		X		2	0		
KLEIN	21		X	X	X		1	2350	750	3100
LAKE CONROE	17				X		1	0		
LIBERTY	55		X	X	X		3	0		
MAGNOLIA	31	-1	X	X	X		2	0		
MONTGOMERY HISPANIC	30				X			0		
NEW WAVERLY	12	1			X		1	0		
PANORAMA	21	-2	X	X	X		1	0		
PASADENA	23	2	10		X		2	0		
SOUTH HOUSTON	2		X	X	X		1	0		
SOUTH MONTGOMERY COUNTY	16		X		X		1	0		
SPRING HOUSTON	21		X		X		2	1170	0	1170
SPRING OLD TOWN	16		X	X	X		1	4519	1025	5544
THE WOODLANDS	25	-1			X		2	4690	495	5185
TOMBALL	44		X		X		3	0		
TOMBALL RISING STARS	9		X		X		1	0		
TRI-CITY BEACH	12	-1	X	X	X		1	3585	0	3585
TWIN CITY	17				X		1	0		
WALLER	24		X	X	X		2	0		
WILLIS	11				X		2	0		
										П

STANDINGS

Category	Membership	1st Place	2nd Place
1	0-20	Houston Aldine	Houston Space City
2	21-40	Houston Northwest	Houston Cy-Fair
3	41 -80	Huffman	Houston Downtown
4	01 1 43 6 .1	25,000	

4 81 and up* Must have 25,000 points minimum

Membership categories based on the July 1,2005 Club membership supplied by the Cabinet Secretary

* BASED ON LAST REPORT (PRIOR TO JUNE 2005)

Announced Candidates standing for Election at the District Convention in April, 2006

District Governor Margaret Badeaux

Houston Spring Branch Lions Club

Vice District Governor Art Drouin

Cut n Shoot Family Lions Club

Texas Lions Camp Director 2006-2008 Charles B. Martin

Houston Cy-Fair Lions Club

Lions Eye Bank of Texas Trustee 2006-2008

Humanitarian Relief Fund Director 2006-2009

Lighthouse of Houston for the Blind Director 2006-2007

Lighthouse of Houston for the Blind Director 2006-2008

Ann Maxwell Humble Lions Club

Resolution of Candidacy must be submitted to the Convention Elections Committee at least 30 days before the Convention, which will be held on April 28-30, 2005.

2006 Summer Camp Dates

Texas Lions Camp

June 4 - June 10 — Session 1

June 11 - June 17 — Session 2

June 18 - June 24 — Session 3

June 25 - July 1 — Session 4

July 2 - July 8 — Session 5

July 9 - July 15 — Session 6

July 19 - July 21 — Day Camp

July 23 - July 29 — Diabetes 1

July 30 - Aug 5 — Diabetes 2

www.lionscamp.com



TEXAS LIONS FOUNDATION MULTIPLE DISTRICT 2 - TEXAS

The Texas Lions Foundation was formed by and for the Lions Clubs of Texas in order to provide grants for Humanitarian & Disaster Relief Purposes. Funds for these grants come from Lions and Lions Clubs in Texas who have made voluntary contributions to the Texas Lions Foundation or have conducted fund raising events specifically to benefit the Foundation. **HUMANITARIAN SERVICES** - Humanitarian Service grants can be issued in support of a broad range of projects designed to fill diverse needs. In general, projects designed to create or expand community programs or institutes are preferred.

DISASTER RELIEF - Disaster Relief grants are made in response to natural disasters that cause significant mortality, injury, and property damage and loss. Priority is given to projects aimed at creating or reconstructing public facilities and services.

In reviewing grant applications, the Foundation's Trustees pay careful attention to service factors. Each should be thoroughly addressed in the grant application form.

- 1. A need is being filled. Applicants should provide a detailed description of the current situation and how it will change after the project is completed.
- 2. Long-term benefits. Projects are preferred that have long-term and far-reaching effects.
- 3. Lion's identification. The Trustees prefer projects which incorporate the word "Lions" in their name and/or provide immediate public recognition of Lions involvement in the project.
- 4. Number of people served. Because of more favorable cost-effectiveness, projects serving many people are preferred.
- 5. Promotional value. To help the Foundation publicize and promote its important work, projects of high promotional value are preferred.
- 6. District financial commitment. Grants are made to assist projects which are beyond the scope of traditional Club and District fund-raising. The Trustees look very closely at the extent of a District's financial contribution in support of the project. Projects initiated by a Lions Club must have the full support, including the financial support, of the District.

Texas Lions Foundation does not fund:

- 1. Programs or services otherwise available through governmental, charitable or social welfare systems.
- 2. Projects more appropriately the responsibility of Lions Clubs, Districts and other Lion units.
- 3. Operating expenses of existing programs (except when those expenses represent a significant increase in services over those previously offered).
- 4. Any one project on a continuing basis.
- 5. Programs of non-Lion organizations (except when they significantly contribute to TLF's service potential and exceed the capabilities of available Lions programs).
- 6. Programs through which Lions and/or their families receive direct benefit, or in which they may have a proprietary interest.

The Foundation has \$1.6 million in its corpus. Only the interest earned on the corpus is used to fund grants and other activates. All funds collected by the Foundation go into the Corpus.

Funds for the Foundation are raised by collection of the following items:

- 1. 100% Club \$2 per member
- 2. Texas Lions Fellow \$500
- 3. Texas Lions Foundation Award \$125.

For more information contact: PDG Ronald Landers 713-468-1196 or rlanders@houston.rr.com

PAST DISTRICT GOVERNORS DISTRICT 2-S2 Distinguished Achievement Award Application

PURPOSE

The purpose of the Past District Governors District 2-S2 Association Distinguished Achievement Award is to "bestow honor upon those Lions in District 2-S2 who have shown outstanding leadership and service achievement to their Club, Community and District."

QUALIFICATIONS

Minimum qualifications for the Past District Governors District 2-S2 Distinguished Achievement Award are:

- (a) An active member with at least seven (7) years of service. This award is for living Lions only, unless the honoree passes away after being nominated.
- (b) Outstanding leadership and dedicated service to Club. Community and district.
- (c) Special achievements in, or contributions to, humanitarian service for those less fortunate.
- (d) At the time of the presentation of the award, must NOT be a member of any Lions Hall of Fame.
- (e) At the time of the presentation of the award, must NOT be a District Governor or Past District Governor of any Lions Clubs International District.

NOMINATIONS

The completed application form(s), will be provided to the Chairman of the District Governor's Honorary Committee. Said application may be made by any Lion in the District that is in good standing. The application(s) are required to be received by Februa 15th of each year and will be valid for that year only. If an applicant is not selected for that year, a new application must b submitted again to be considered for this award. There is no requirement to induct someone each and every year.

PAST DISTRICT GOVERNORS DISTRICT 2-S2 DISTINGUISHED ACHIEVEMENT AWARD APPLICATION

Applicant:	
Lions Club(s):	Mar Str. La
Offices Held:	
Service to Club:	
Service to Community:	ATION
Service to Lions District:	O CHIEF CONTROL OF THE PARTY OF
Awards & Honors received from the community, non-Lions	organizations and/or L <u>ions:</u>
Other achievements:	
Submitted by:	
Lions Club:	Date:

SEND TO: PDG IRV WISHNOW 5235 BRAESVALLEY DR. HOUSTON, TX 77096





ROSS' RANGERS RAFFLE

FIRST PRIZE

2006 CHEVROLET FULL SIZE PICKUP HALF TON EXTENDED CAB WITH LS PACKAGE

SECOND PRIZE
42" PLASMA TV

THIRD PRIZE
COMPAQ LAP TOP
COMPUTER

FOURTH PRIZE
NIKON DIGITAL
CAMERA



TICKETS ARE AVAILABLE IN EVERY LIONS DISTRICT OF MD-2 TEXAS. TICKETS MAY BE PURCHASED BY AN PERSON OVER THE AGE OF 18 YEARS.

CONTACT YOUR LIONS DISTRICRAFFLE TICKET SALES CAPTAIN
LISTED ON THE BACK OR
CONTACT PCC PAT BRENNANOR PDG BEV STEBBINS.

DRAWING WILL BE HELD AT THE FEBRUARY 2006 MD-2 COUNCIL OF GOVERNORS MEETING IN KERRVILLE

ALL PROCEEDS GO TO THEIMMY ROSS CAMPAIGN.

WINNERS ARE RESPONSIBLE FOR ALL TA XES, TITLE TRANSFER AND LICENSE.



RANGERS

Contact PDG Harry Goetzman - 936-524-6631

Lions District 2-S2 Hall of Fame Nomination form

Minimum standards to qualify for the Lions District 2-S2 Hall of Fame are:

- An active member with at least five (5) years of service.
- Outstanding and dedicated service to Lionism beyond the call of duty.
- Service to the community, district, state and international Lionism.
- Special achievements in, or contributions to, humanitarian service for those less fortunate.
- Solicitation in any way for this recognition will automatically eliminate the candidate for that year.

The following profile may be used to submit information to the Hall of Fame Committee, but this form is not intended to limit what information may be submitted.

Nominations may be made by any Lion who is in good standing in the District.

All nominations should be submitted to the committee in written form and must be received by the chairperson at the below address no later than March 15, 2006.

Lion Thomas Capers 802 Rocky Mount Houston, Texas 77088

Home Phone 281-447-3312 Work Phone 281-442-9707

Name of Nominee:	
Lions Club(s):	
Office(s) Held:	
Service to State:	
Service to International:	
Service to Community:	
Awards & Honors received from the	community, non Lions organizations and / or Lions:
Submitted by:	D-4
Clube	Data

HEALTH THOUGHTS

This Page will have Thoughts and Aids in helping our fellow man, and Lions, Watching out for our friends and fellow man. Items here will be of importance to life. If you have a submission to be seen, send to tlanders@houston.rr.com

Heart Attack Warning Signs

Some heart attacks are sudden and intense — the "movie heart attack," where no one doubts what's happening. But most heart attacks start slowly, with mild pain or discomfort. Often people affected aren't sure what's wrong and wait too long before getting help. Here are signs that can mean a heart attack is happening:

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness of breath.** May occur with or without chest discomfort.
- Other signs: These may include breaking out in a cold sweat, nausea or lightheadedness

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

If you or someone you're with has chest discomfort, especially with one or more of the other signs, don't wait longer than a few minutes (no more than 5) before calling for help. Call 9-1-1... Get to a hospital right away.

Calling 9-1-1 is almost always the fastest way to get lifesaving treatment. Emergency medical services staff can begin treatment when they arrive — up to an hour sooner than if someone gets to the hospital by car. The staff are also trained to revive someone whose heart has stopped. Patients with chest pain who arrive by ambulance usually receive faster treatment at the hospital, too.

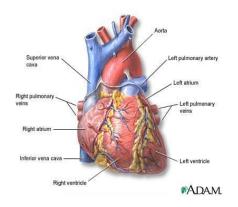
If you can't access the emergency medical services (EMS), have someone drive you to the hospital right away. If you're the one having symptoms, don't drive yourself, unless you have absolutely no other option.

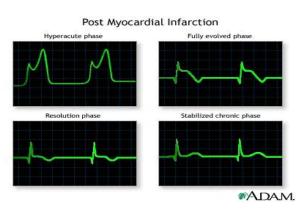
How can I avoid having a heart attack?

Talk to your family doctor about your specific risk factors (see box above) for a heart attack and how to reduce your risk. Your doctor may tell you to do the following:

- Quit smoking. Your doctor can help you. (If you don't smoke, don't start!)
- **Eat a healthy diet**. Cut back on foods high in saturated fat and sodium (salt) to lower cholesterol and blood pressure. Ask your doctor about how to start eating a healthy diet.
- Control your blood sugar if you have diabetes.
- **Exercise**. This sounds hard if you haven't exercised for a while, but try to work up to at least 30 minutes of aerobic exercise (that raises your heart rate) at least 4 times a week.
- Lose weight if you're overweight. Your doctor can advise you about the best ways to lose weight.
- **Control your blood pressure** if you have hypertension.

Talk to your doctor about whether aspirin would help reduce your risk of a heart attack. Aspirin can help keep your blood from forming clots that can eventually block the arteries.





Women's Membership Development and Participation News

Women's Symposium "Women In Motion" is scheduled for Saturday, March 25, 2006 from 9:00A.M. until 2:00P.M.at Tracy Gee Center. Registration information will be in the February District Newsletter. Please put this date on your calendar. There is no charge for the Symposium and breakfast and lunch will be available to all attendees.

Lions is for everyone. Women membership is the fastest growing segment for Lions Clubs International and we need to do more. Women comprise 52% of the population and only 17% of Lions Clubs membership. Last year, 306 districts had a net increase in the number of women members. I am proud to say that District 2-S2 was one of those districts. This year, the number of new women members is ahead, compared to the previous two years.

The United in Service awards for fiscal year 2004-2005 have been sent to the districts that qualified for this honor. A total of 106 districts met their goal of 25 or more new women members in their district. Women Chairpersons and Immediate Past District Governors were awarded for their efforts. To keep record of where District 2-S2 stands in its efforts to gain women members for this fiscal year the report is sent out monthly. The October Cumulative Report appears in the District 2-S2 December newsletter. These numbers are based on the information received that the club secretaries provide each month on the MMRs. If any information is not correct, the club secretary should make adjustments on the next MMR.

At the November 2005 Board Meeting the Lions Clubs International Board approved two entrance-feerebates, one for spouses of current members and the second for former lions. These entrance fees are available from December 1, 2005 through June 30, 2006. The rebates are designed to help clubs with their membership drives. Complete rules and guidelines available soon on the Lions Clubs International website.

Respectfully Submitted,

Lion Kay Burke

District 2-S2 Chairperson

Business/Personal Ads for Lions Club Women's Symposium Deadline: 01/16/06

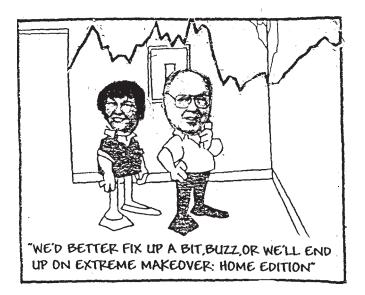
Women in Motion District 2-S2 Lions Club Women's Symposium March 25, 2006

Yes, I would like to sponsor the following: ____ ¹/₄ page \$25 ____ ½ page \$50 ___Full page \$100 Name (s) Organization: Contact Name: _____ Phone _____ Instructions: Please fill out above information and e-mail your ad, picture, etc. to Lion Mary Krebs at $mary_krebs@cd4.co.harris.tx.us$ Return your check made out to District 2-S2 with WOMEN'S SYMPOSIUM on the memo line to: Lion Mary Krebs Lions Women's Symposium 21815 Springbridge Houston, Texas 77073

Any further information or instructions please call or e-mail:

Lion Mary Krebs at 281-401-6249 (days) 281-821-7967 (evenings) or mary_krebs@cd4.co.harris.tx.us

PAINT CHOICES



No longer is color the only consideration that comes into play once you have made the decision to paint.

Now with careful selection you can change your decor and upgrade the look of your living space, and you can make selections that have a positive impact on the environment, your health and your comfort.

Many timers careful selection also can positively affect the pocketbook. For example, there are paints that will create a radiant barrier for your attic and for your rooms as well. This is an interior latex product that has the same washability as any premium latex paint. In winter this paint will increase the thermal resistance of exterior walls by reflecting about 30% of the radiant energy back into the room. In summer, it will block about 30% of the radiant energy that normally would pass through the wall. Conventional paints block about 5%. This means you can turn the thermostat up or down a few degrees and maintain the same level of comfort in your room.

If it's the outside you've decided to paint, research has increased the durability of the paint so you should not have to repaint for many years. This paint uses cross-linking technology that in most cases is self priming, will bridge most cracks, is mildew and algae resistant, and has a high film build with super adhesion. This paint comes with a 20 to 30 year guarantee. The initial cost is higher but over time the cost is recouped.

Other examples are water-based epoxy paints for driveways and patios that have been developed and proven to be effective for residential use. Hypo allergenic paints with low volatile organic material for children, the elderly or those who are sensitive to odors and emissions can make the paint application process more pleasant for everyone and the livability of your space healthier. These, and other paints are green friendly, adding to the preservation of our environment.

The internet is a great source of information in this area; do a search for paint research to find sources for the latest paint products as well.

Your paint contractor is another source of information. They should be able to tell you the latest products on the market. They also may have experiences to relate concerning new products and whether they are appropriate for your particular project.

Additionally, the local paint store should be a source of information. They should have specific knowledge about all their own new products and techniques.

So whether you are painting yourself or hiring a professional painting can make a dramatic difference in your home, but taking a little time to do a little research can add even more value to a job well done.

Clifton Heiman, Environmental Chairman

CLUB ACTIVITIES REPORT

PLEASE **PRINT** OR TYPE ALL INFORMATION

CLUB NAME
CLUB ACTIVITIES REPORT FOR THE MONTH OF
THIS FORM MUST BE SENT IN BEFORE THE 10th OF EACH MONTH.
EITHER BY MAIL, FAX OR E-MAIL TO: Lion Terry Landers, 2015 Crestdale, Houston TX 77080
713-827-8130 FAX tlanders@houston.rr.com
UPCOMING FUNDRAISERS AND EVENTS:
(INCLUDE DATES AND TIME AND LOCATION)
PROGRAMS:
LIONS CLUBS YOUR MEMBERS VISITED:
OUT OF DISTRICT VISITS.
OUT OF DISTRICT VISITS:
USED EYE GLASSES COLLECTED:
USED ETE GLASSES COLLECTED.
EYE EXAMS AND EYE GLASSES DONATED:
TEXAS LIONS CAMPER APPLICATIONS:
OTHER EVENTS ATTENDED:
TOTAL HOURS GIVEN TOWARDS LIONISM:
(ROUND UP TO FULL HOUR)

PLEASE REMEMBER EITHER PRINT OR TYPE THE INFORMATION,
ALSO JUST PLACING A NUMBER TELLS NOTHING...
OTHER LIONS CLUBS WANT TO KNOW WHAT YOUR CLUB IS DOING.
THIS WAY YOU CAN SEE IF YOUR CLUB CAN DO MORE OR EVEN HELP
WITH OTHER LIONS CLUBS PROJECTS ...
THERE IS NOW A ON-LINE CAR FORM AT www.lions2s2.org

Conroe Noon Lions Club



1939-2006

"Celebrating 67 years of Community Service"

Lions Clubs International
1.4 Million Lions in 45,829 clubs in
194 countries and Geographic areas
MD-2 Texas has 32,400 Lions
960 Clubs, with 16 Districts
District 2-S2 has 66 clubs and
2000 Lions



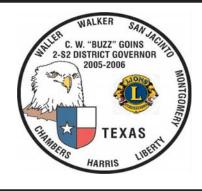
www.lions2s2.org

tlanders@houston.rr.com H: 713-461-7086 FAX: 713-827-8130

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BOB DOWDEN DINNER FEBRUARY 1, 2006 DONATIONS OF AUCTION ITEMS NEEDED Everything goes to Help the

Everything goes to Help the Texas Lions Camp



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DECEMBER 2005 Club Contest Form For	_ Lions Club
MONTHLY MEMBERSHIP REPORT (MMR) & MONTHLY ACTIVITY REORT (MAR) SUBMITTAL	
200 Points for MMR sent to Lion Ann Maxwell & CAR to Lion Terry Landers by 1st of the month	
CONTEST FORM SUBMITTAL	
Points for contest form given to Contest Chairman at the PSC or sent to arrive by the PSC date	
SEMI-ANNUAL DUES PAYMENTS TO DISTRICT/STATE & INTERNATIONAL	
100 Points if both 1st Semi-annual Dues paid by 9-10-05 (one time only)	NA
-200 Points if one, or both, paid after 9-10-05(one time only)	
MEMBERSHIP 100 Points per New, Transfer, or Reinstated member	
-100 Points per member dropped (excluding Death or Transfer)	
200 Points for sponsoring a new member orientation for more than one (1) Club	
SPECIAL PROGRAMS AT MEETINGS	
250 Points for each program Circled (one time/year/program)	
TLC LCIF HRF Eye Bank Lions Quest Membership Team Leadership Team	
Sight Conservation Lighthouse Hearing & Speech Action Leader Dog For The Blind	
Texas Lions Foundation World Svc for the Blind Diabetes Awareness Youth Exchange	
Peace Poster Contest Outstanding Youth Program Drug Awareness Contest McGruff 300 Points for a Membership Development/Retention Program by District Chairman.	
CLUB MEETING ATTENDANCE	
10 Points for each Meeting Attendance Percentage Point over 75% (250 points max)	
PRESIDENT/SECRETARY COUNCIL AND ZONE MEETING ATTENDANCE	
50 Points if both the President and Secretary attend the PSC Meeting	
10 Points for Pres only, Sec only & each Club member attending the PSC Meeting	
100 Points if both President and Secretary attend the Zone Meeting	
25 Points for Pres only, Sec only & each Club member attending the Zone Meeting	
LIONS 100% CHARITY DONATIONS	
100 Points for each charity checked (FIRST 100%) 1600 points if all checked Texas Lions Camp Texas Lions Foundation Humanitarian Relief Fund	
Lions World Services for the Blind Taping for the Blind LCIF	
Lions Eye Bank Leader Dog Sight Conservation Diabetic Day Camp	
Lions Quest International Hearing & Speech Lighthouse Activity Fund Lighthouse Operations Fund HOBY Hugh O'Brrien Youth Leadership	
Lions Project for Canine Companions for Independence	
200 Points each for second 100% to all charities at one time 3200 Total	
NEW LIONS/LIONESS/LEO CLUB & CLUB VISITATIONS	
500 Points for sponsoring a new Lions/Lioness/Leo Club	
New Club	
Points per visit to another Club by a minimum of three Lions (Once per Club visit) Points per visit for each additional Lion over the minimum three Lions	
10 Points per visit for each additional Lion over the minimum three Lions CLUB BULLETIN	
100 Points per month for Club Bulletin Received by the Contest Chairman	
Texas Lions CAMP VISITATION & YOUTH EXCHANGE	
50 Points per Lion per visit to the Camp during the Contest year	
150 Points each youth hosted - Country	
DISTRICT LIONS ACTIVITIES (MAXIMUM OF 100 POINTS PER ITEM PER MONTH)	
100 Points each McGruff purchased for School	
 25 Points each hearing aid turned in at the PSC 10 Points each person assisted with an eye exam and/or glasses 	
2 Points each pair of eyeglasses or lenses turned in at PSC	
1 Point each Campbell Food label turned in at PSC	
DISTRICT CONVENTION BOOK AD SALES	
100 Points for the first \$500 worth of ads sold	
25 Points for each \$200 increment thereafter	
100% Contribution To Texas Lions Camp	
300 Points if paid in July or August 250 Points if paid in September 200 Points if paid in October 150 Points if paid in November 100 Points if paid in December	
150 Points if paid in November 100 Points if paid in December This month's Bonus Point Activities	
100 Bounus Points for bringing in New Members	

Mail completed form to: Lion Bob Kuchera, 18322 Carriage Lane, Houston, TX 77058-4331